

Diabetes Management Orders Summer Camp 2022

Date: _____

Camper's Name: _____ Date of Birth: _____
Diagnosis: Type 1 Diabetes Type 2 Diabetes Other: _____

Blood Glucose (BG) Monitoring

Target BG range is: 70 – 180 mg/dL 80 – 180 mg/dL other: _____

Camper:

- May check own BG
- May check BG with supervision
- Must have camp personnel check BG

Usual time to check BG*:

- Prior to meals and/or snacks
- Prior to exercise
- After exercise
- Other: _____

* Additional BG checks are needed if the camper has signs or symptoms of a low blood sugar such as headache, shakiness, and/or extreme hunger.

For Hypoglycemia (< 70 mg/dL or < 80 mg/dL)

- Give camper 4 ounces of juice or 15 grams of fast-acting carbohydrate
 - Repeat BG check in 15 minutes
 - Repeat the above steps if BG remains less than < 70 mg/dL or < 80 mg/dL
 - If the camper becomes unconscious or is otherwise unable to take anything by mouth (e.g. vomiting): administer glucagon via subcutaneous injection and call 911.
 - Glucagon: mg of glucagon IM, equal to units on an insulin syringe.
 - GVOKE: mg of glucagon SC
 - Baqsimi: 3 mg intranasal
- ** Side effects of glucagon may include nausea and vomiting. Place camper on side if unconscious. In addition, if camper wears a pump, please suspend or disconnect insulin pump. Resume pump when camper's BG is >120 mg/dL.

For Hyperglycemia

- See insulin orders on next page for correction dose (when blood glucose is > target)
- If blood glucose is greater than > 250 mg/dL or > 300 mg/dL twice in a row and correction dose was given, urine must be tested for ketones.
- Please allow this camper to have unrestricted bathroom privileges and request blood sugar check if bathroom use is excessive; elevated blood glucoses can cause frequent urination.
- Drinking a non-carbohydrate containing fluid such as water is encouraged.

** For a camper with a pump: If camper's blood glucose is >300 mg/dL and does not respond to a correction via pump within **1 hour**, give a correction dose via a syringe/pen. Consider site failure and change infusion set.

Insulin Orders

Rapid Acting Insulin Type:

- Novolog Admelog
 Humalog Fiasp

Long Acting Insulin Type:

- Lantus Basaglar Dose: _____ units
 Levemir Other: _____ Time: _____

Rapid acting Insulin is administered via:

- Syringe Pen
 Pump: _____

Long acting Insulin is administered via:

- Syringe Pen
 Only in case of pump failure

- Camper **can** draw up insulin & administer own insulin **without** supervision
 Camper **can** draw up insulin & administer own insulin **with** supervision
 Trained adult **must** draw up & administer insulin

Rapid Acting Insulin Dosing Instructions:

Carb coverage

- For breakfast: unit of insulin covers grams of carbohydrate
 For morning snack: unit of insulin covers grams of carbohydrate
 For lunch: unit of insulin covers grams of carbohydrate
 For afternoon snack: unit of insulin covers grams of carbohydrate
 For dinner: unit of insulin covers grams of carbohydrate
 For evening snack: unit of insulin covers grams of carbohydrate
 Other: _____

+ PLUS +

Correction dose (when pre-meal blood glucose > target blood glucose)

- 1 unit of insulin lowers blood glucose mg/dL above target of mg/dL.

* If insulin is administered via syringe/pen, a correction dose should only be given if > 3 hours have passed from the last dose of rapid-acting insulin.

* If insulin is administered via insulin pump, follow pump recommendation for bolus dose

Example

Carb coverage *plus* Correction dose:

Current BG = 220 Lunch carbs = 60

Correction factor = Target BG =

Insulin/carb ratio = 1 unit of insulin covers grams of carbohydrate

Carb coverage $\frac{60g}{20} = 3 \text{ units}$ PLUS Correction dose $\frac{220 - 120}{100} = 1 \text{ unit}$

Total dose: 3 + 1 = 4 units

Other Accommodations

1. Medical Diagnosis:
Type 1 Diabetes

2. Describe the nature of the concern:
RN supervision while under the care of the camp.
Provide a clean & safe environment.

3. Other orders:

4. PUMP SETTINGS (if applicable)

Basal		Insulin : Carb Ratio		Insulin Sensitivity Factor (Correction)		Target Blood Sugar	
Time	Setting	Time	Setting	Time	Setting	Time	Setting

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