

PATIENT INSTRUCTIONS FOR BCG INSTILLATION

BCG INSTILLATION INTO THE BLADDER

You are about to receive a medication called Bacillus Calmette-Guerin (BCG), which is a type of immunotherapy for bladder cancer. You will get this medication by inserting a catheter into the bladder. After the catheter is in the bladder, the BCG will be pushed through the catheter with a syringe into the bladder. This is a bladder instillation.

You will receive this treatment once a week for _____ weeks.

AFTER BCG INSTILLATION

You need to hold the BCG in your bladder for 2 hours. After the 2 hours, you should sit on the toilet to urinate (to prevent splatters) and fully empty your bladder. After you urinate, pour 1 cup of bleach into the toilet and let it sit there for 15 minutes before flushing. You need to repeat this for 6 hours after the first urination. Drink plenty of fluids on your treatment day to flush out your bladder.

POSSIBLE SIDE EFFECTS

Flu-like symptoms	Coughing
Burning with urination	Skin rash
Urinary Urgency	Fever (101 and above)
Frequency of urination	Chills
Blood or blood clots in the urine	Feeling tired
Joint Pain	

**For any symptoms not resolved within 24 hours or fevers >101.4° F call the office at 212-305-0114.*

OTHER IMPORTANT INFORMATION

Flu, Pneumonia and COVID vaccines must not be received until two weeks after completion of treatment and at least one week prior to beginning treatment.

TREATMENT SCHEDULE

<u>Time Zero:</u>	BCG weekly x 6 weeks
<u>Month #3:</u>	Cystoscopy (with possible biopsy); if normal, BCG weekly x 3 weeks
<u>Month #6:</u>	Cystoscopy (with possible biopsy); if normal, BCG weekly x 3 weeks
<u>Month #9:</u>	Cystoscopy (with possible biopsy)
<u>Month #12:</u>	Cystoscopy (with possible biopsy); if normal, BCG weekly x 3 weeks
<u>Month #15:</u>	Cystoscopy (with possible biopsy)
<u>Month #18:</u>	Cystoscopy (with possible biopsy); if normal, BCG weekly x 3 weeks
<u>Month #21:</u>	Cystoscopy (with possible biopsy)
<u>Month #24:</u>	Cystoscopy (with possible biopsy); if normal, BCG weekly x 3 weeks

After month #24: Cystoscopy (with possible biopsy) every 6-12 months