

# PATIENT INSTRUCTIONS FOR GEMCITABINE AND DOCETAXEL INSTILLATION

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## **DOCETAXEL INSTILLATION INTO THE BLADDER**

You are about to receive a medication into your bladder called docetaxel, which is a chemotherapy to treat bladder cancer. This is done by inserting a catheter into the bladder and then instilling the docetaxel through the catheter and into the bladder. Then the catheter is removed. This is called a bladder instillation.

## **AFTER DOCETAXEL INSTILLATION**

You should hold the medication in your bladder for 1 hour. After the hour, you should sit on the toilet to urinate (to prevent splatters) and fully empty your bladder. After you urinate, you should double flush the toilet. Please let the nurse know if any splatters occurred for appropriate cleaning. To prevent skin irritation, be sure to wash your hands and genitals with gentle soap and water after passing the drug into the toilet.

## **GEMCITABINE INSTILLATION INTO THE BLADDER**

You will then receive a second medication into your bladder called gemcitabine, which is also a chemotherapy to treat bladder cancer. This is done by inserting a catheter into the bladder and then instilling the gemcitabine through the catheter and into the bladder. Then the catheter is removed. At this time, you can either remain in the clinic (waiting area) or you can leave the clinic.

## **AFTER GEMCITABINE INSTILLATION**

You should hold the medication in your bladder for 1 hour. After the hour, you should sit on the toilet to urinate (to prevent splatters) and fully empty your bladder. After you urinate, you will need to double flush the toilet. Please clean any splatters (bleach is a sufficient agent). To prevent skin irritation, be sure to wash your hands and genitals with soap and water after passing the drug into the toilet.

You will need to repeat this for 6 hours after the first urination. Drink plenty of fluids on your treatment day to flush out your bladder. If you cannot hold the medication for 1 hour, please tell your nurse.

## **POSSIBLE SIDE EFFECTS**

Having discomfort on passing urine  
Urinary Frequency  
Blood or blood clots in the urine  
Develop a urinary tract infection  
Experience fatigue

Nausea  
Vomiting  
Chills  
Urinary Urgency

*\* If your symptoms are not resolved within 24 hours, or if you have a fever  $>101.4^{\circ}\text{F}$  call the office at 212-305-0114*

## **TREATMENT SCHEDULE**

You will get a bladder instillation once per week for six weeks, and then your doctor will perform a cystoscopy six weeks after you finish the treatments.

If there are no signs of cancer at that time, your doctor may recommend additional monthly doses of these medications.