

# ONCOLOGY SOCIAL WORKERS

Serving people with cancer, their families and caregivers worldwide

**E**mpower yourself—we can help. Oncology social workers provide counseling and other services which can reduce stress for you and your family through all phases of your cancer.

## We can help you:

- Access information to help you understand your diagnosis and treatments
- Cope with your diagnosis of cancer and the many emotions you may be experiencing
- Consider decisions about treatment options as you think about your work, family and other things in your life
- Understand social security benefits, disability benefits, and insurance coverage
- Apply for programs that offer financial assistance

## We offer:

- Counseling for you and your family members
- Support groups and educational programs
- Referrals to community counseling
- Workplace and school education and consultation

## We can teach you about:

- Talking with your treatment team members
- Talking with your children, family, friends or co-workers
- Coping with your emotions — sadness, anger, worry and fears
- Reducing stress and using relaxation skills
- How cancer affects sex, intimacy, fertility, and feeling good about your body
- Complementary and alternative medicine
- Clinical trials
- Living with cancer, issues commonly experienced and resources to help you long term
- Planning for your care with the use of advance directives
- Life as a cancer survivor



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## We can help you access:

- Affordable medical care and prescription drug coverage
- Transportation to and from medical care
- Temporary housing during your treatment
- Home health care and hospice care
- Items such as a cane or walker
- Referrals for help at home

## How can you find an Oncology Social Worker?

- Ask your doctor, nurse or other healthcare provider
- Go to [www.aosw.org](http://www.aosw.org) and click on “People Affected by Cancer” to find resources and tips, and on “Blog” to learn more about oncology social work.

For the most updated information on coping with cancer, follow AOSW on Facebook, Twitter and LinkedIn.

Tap into the expertise of oncology social workers, and empower yourself for the journey.