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February 10, 2016

Re: ABPM for John Doe, MRN: 1234567

Dear Dr. Jane Doe:

You referred your patient John Doe for ambulatory blood pressure monitoring (ABPM). Here is a brief summary and interpretation of your patient’s results. A more detailed report is attached.

Reason for Referral: **Suspected White-Coat Hypertension**

Total Number of Blood Pressure Readings: **35** (minimum to be valid >10)

% Valid Readings: **85%** (optimal >80%)

Quality of Study: **Adequate**

Summary of Blood Pressure Readings:

Period	Patient’s Blood Pressure	Normal Blood Pressure
Daytime (awake)	142/87 mmHg	<135/85 mmHg
Nighttime (asleep)	125/75 mmHg	<120/70 mmHg
24-hour	135/85 mmHg	<130/80 mmHg

Interpretation:

Elevated ambulatory blood pressure consistent with sustained hypertension.

Recommendation:

Initiate treatment for hypertension.

Please do not hesitate to contact me if you have any questions regarding this report.

Kind regards,

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